

	Creche*	Squash Courts	Sports Hall	Projectile Room	Pool	3G Pitch	Studio 1	Studio 2	Outside
1000-1100	Face painting & under 5's activities	Squash or racketball		Table tennis	Free swim	Kick about	Bouncy castle 30 min session***	Jayne King taster classes	NHS Health Checks
1100-1200	Face painting & under 5's activities	Squash or racketball		Table tennis	Free swim	Kick about	Bouncy castle 30 min session***	Jayne King taster classes	NHS Health Checks
1200-1300	Face painting & under 5's activities	Squash or racketbal	Badminton open play	Table tennis	Free swim	Family Boot Camp	Bouncy castle 30 min session***	Pilates class from 12.30 - 1.30	NHS Health Checks
1300-1400	Face painting & under 5's activities	Squash or racketbal		Table tennis	Family Fun Swim**	Family Boot Camp	Bouncy castle 30 min session***	Gym floor taster class	NHS Health Checks
	<i>*All creche activities require parental sign in and out</i>				<i>**Parents will be to accompany their children</i>		<i>**Requires parental sign in and out</i>		